# The Light We Love The Damage We Ignore

A Call for Conservation in Lighting Design





IALD associate Lighting Designer

# **Hero or Villain?**

Hero

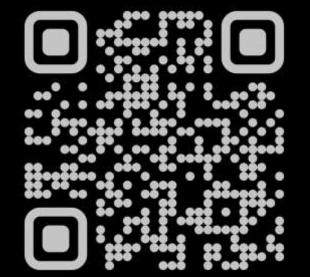
Villain



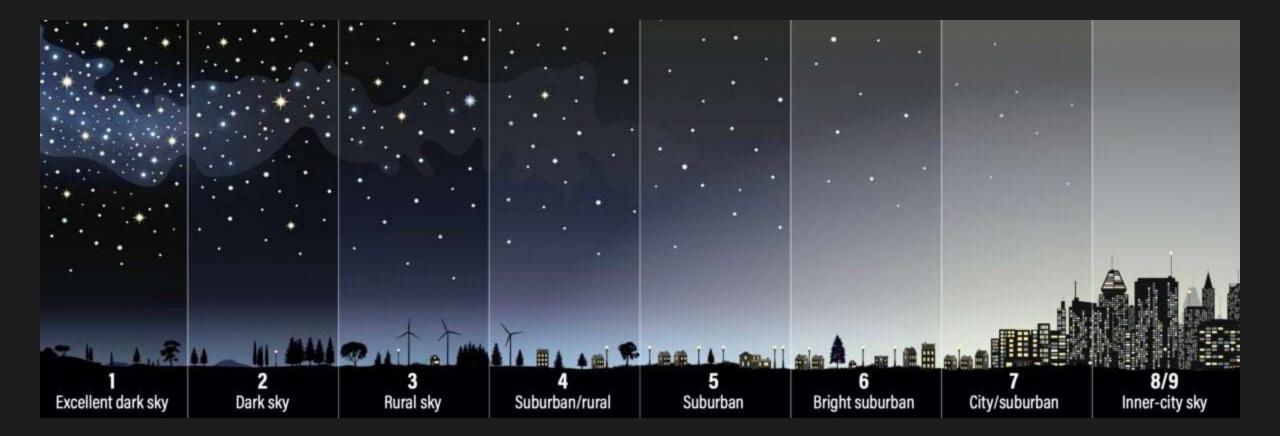


The Light We Love The Damage We Ignore Chiara Carucci, Noctua

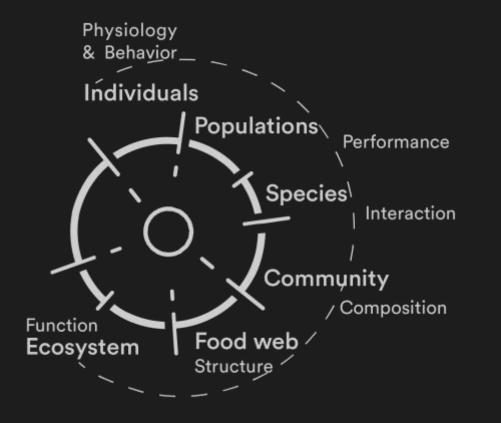




## **Astronomical Light Pollution**



## **Ecological Light Pollution**





SLL Magazine: The Night Watch

Population and community levels: Predator-prey Dynamics

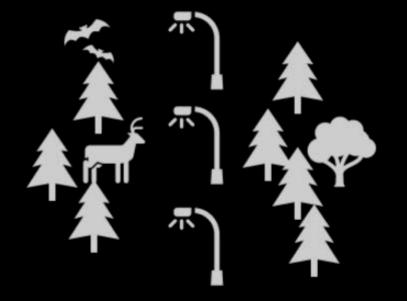


**Bat Activity Shifts in Response to Intense Lighting** Gili, F.; Fassone, C.; Rolando, A.; Bertolino, S https://doi.org/10.3390/su16062337



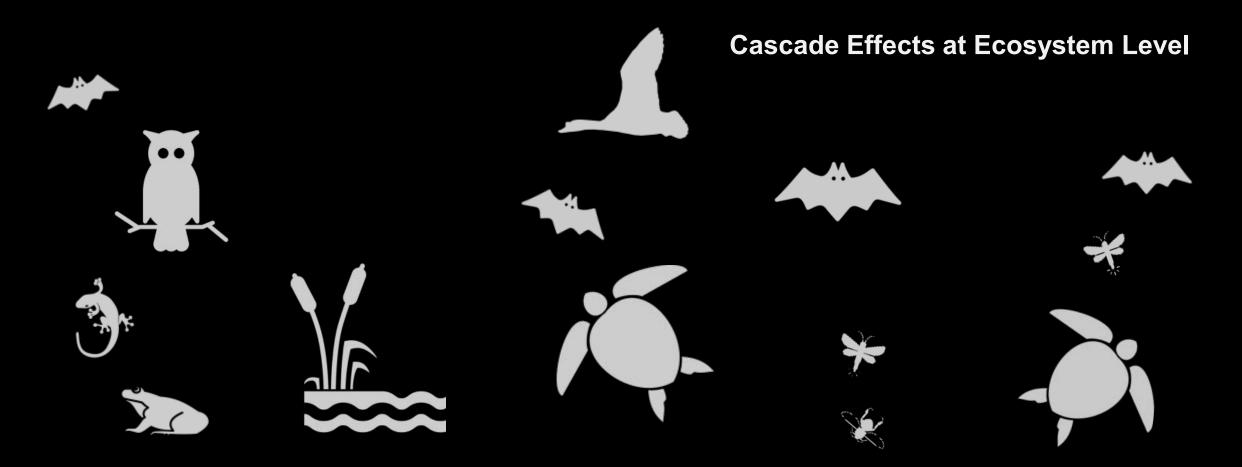
Artificial illumination near rivers may alter bat-insect trophic interactions Danilo Russo, Leonardo Ancillotto et al. https://doi.org/10.1016/j.envpol.2019.06.105

Landscape level: Loss of Connectivity





Ungulates in the city: light pollution and open habitats predict the probability of roe deer occurring in an urban environment Michał Ciach & Arkadiusz Fröhlich doi 10.1007/s11252-019-00840-2



Nocturnal or crepuscular species

Decrease areas and time of activity

Vulnerable habitats

General highest impact

Migrational or seasonal movement

Several negative impacts

Positive or negative phototaxis

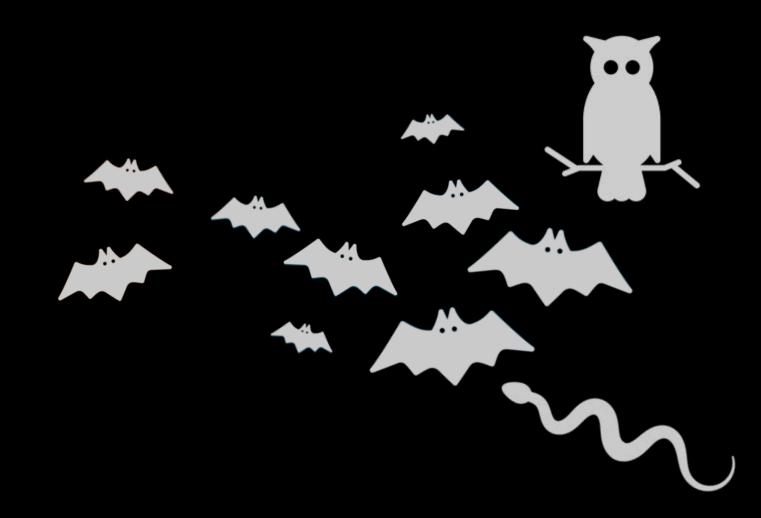
Ecological traps

Endangered species

Ex. Decrease safe areas for negative phototaxis



## Shift in Predator-prey Dynamics





Red light to mitigate light pollution: Is it possible to balance functionality and ecological impact? Durmus D, Jägerbrand A, Tengelin M. https://doi.org/10.1177/14771535231225362

## Peak sensitivity ≠ No perception



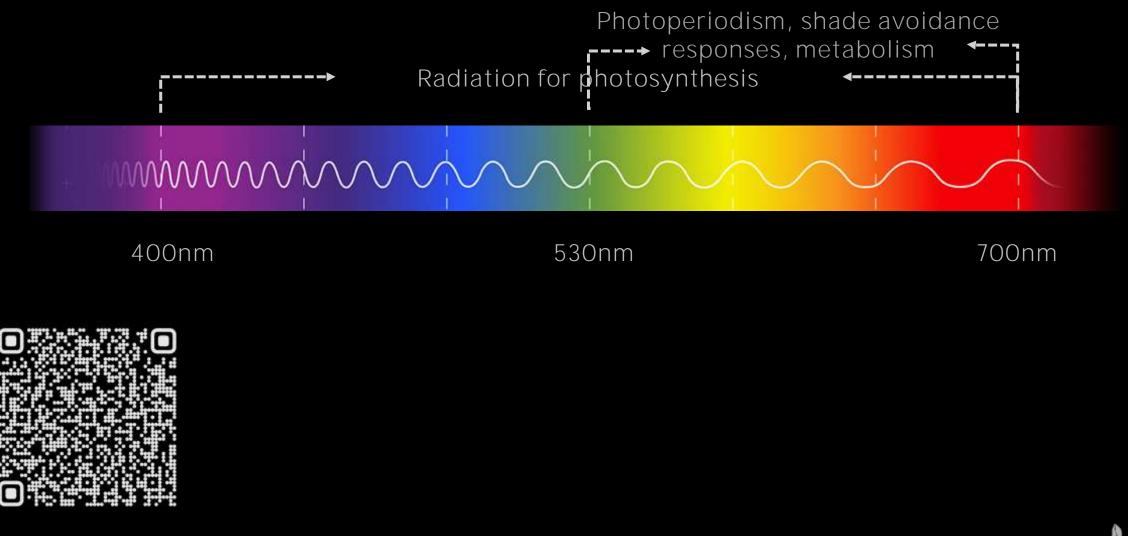






A compendium of photopigment peak sensitivities and (...) Longcore T. https://doi.org/10.1016/j.baae.2023.09.002 Light-dependent magnetoreception: behaviour of migratory birds under dim red light Wiltschko R, Munro U, Ford H, Stapput K, Wiltschko W. https://doi.org/10.1242/jeb.020313

## **Non-visual Photoreceptors**



Plasticity of photosynthetic processes and the accumulation of secondary metabolites in plants Landi, Zivcak, Sytar, Brestic, Allakhverdiev, https://doi.org/10.1016/j.bbabio.2019.148131

## **Specialized Spectra**



https://doi.org/10.1071/WR15138 Robertson K, Booth DT, Limpus CJ (2016) An assessment of 'turtle-friendly' lights on the sea-finding behaviour of loggerhead turtle hatchlings (Caretta caretta) There is no "silver bullet" spectrum that will provide nighttime visual safety for humans while avoiding impacts on other species





# Spectral tuning may provide some aid in impacted area, if calculated relative to a standard such as the full moon

Full moon radiance represents the maximum natural light regime that mammals are regularly exposed to.

## **Five Lighting Principles for Responsible Outdoor Lighting**





#### Use light only if it is needed

All light should have a clear purpose. Consider how the use of light will impact the area, including wildlife and their habitats.



#### Direct light so it falls only where it is needed

Use shielding and careful aiming to target the direction of the light beam so that it points downward and does not spill beyond where it is needed.

#### Light should be no brighter than necessary

Use the lowest light level required. Be mindful of surface conditions, as some surfaces may reflect more light into the night sky than intended.

#### Use light only when it is needed

Use controls such as timers or motion detectors to ensure that light is available when it is needed, dimmed when possible, and turned off when not needed.



#### Use warmer color lights where possible

Limit the amount of shorter wavelength (blue-violet) light to the least amount needed.







**Challenge Anchoring Bias** 



## Illustration by K. Holoski, based on A. Jägerbrand and K. Spoelstra. Science, 2023 DOI: 10.1126/science.adg317 Challenge Confirmation Bias

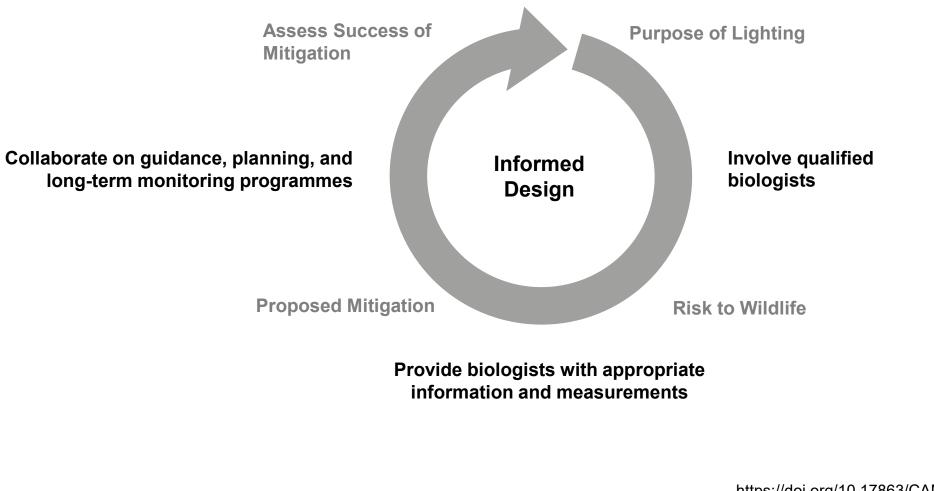
ADJUST

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PLAN

## **Challenge Specialization Bias**

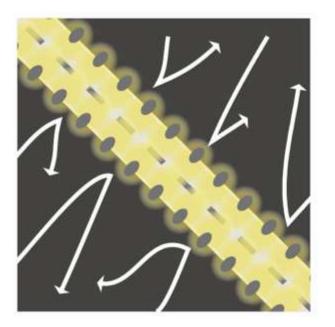




https://doi.org/10.17863/CAM.14060 Collaboration between designers and scientists

## Strategies for Conservation Dark Corridors

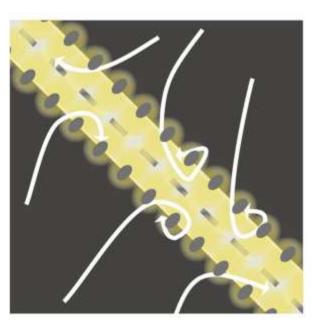
### **Avoiding Barrier Effect**



Terrestrial mammals (e.g. Bliss-Ketchum et al., 2016), Bats (e.g. Bhardwaj et al., 2020), Amphibians (e.g. Van Grunsven et al., 2017)



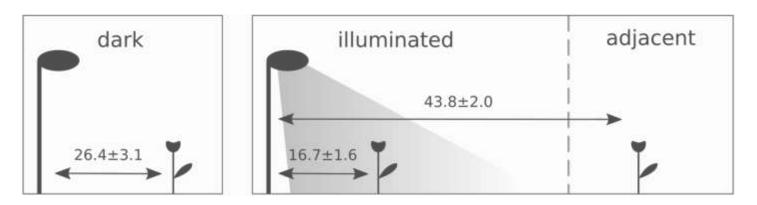
### Sink / Crash Barrier Effect



Birds (e.g. Longcore *et al.*, 2013) Insects (e.g. Degen *et al.*, 2016; theorized by Eisenbeis, 2006),



## Strategies for Conservation Dark Corridors



Schematic drawing of the field experiment set up and light treatments.

Dark: plants exposed on dark control sites;

Illuminated: plants exposed on illuminated sites;

Adjacent: plants exposed to a dark site but adjacent to the illuminated site.



https://doi.org/10.1038/s41598-020-68667-y Simone Giavi, Sina Blösch, Guido Schuster, Eva Knop Artificial light at night can modify ecosystem functioning beyond the lit area

## **Challenge Expert Bias**



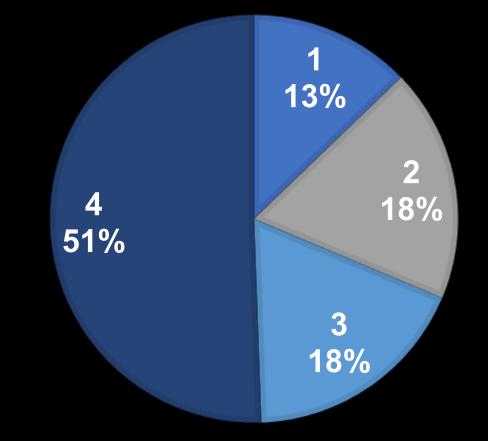
Provide biologists with appropriate information and measurements

COLLEPARDO BIODIVERSITY CAVE

Frosinone, Italy – *Chiara Carucci, Noctua* PH: Jansin & Hammarling







**LIFE21 Turtlenest Pilot Project** Ascea, Italy – *Chiara Carucci, Noctua* Client: Stazione Zoologica Anton Dohrn



Test - Evaluate - Learn



DIRECT UPWARD LIGHT

ECOLOGICAL CONSIDERATIONS

USEFUL LIGHT / CONSIDER UPWARD REFLECTIONS

← BEACH

LIGHT TRESPASS

## First, do no harm!

- Embrace Interdisciplinary Collaboration
- Conduct Environmental Assessments
- Implement Adaptive Management Strategies
- Think Integrally, Not in Isolation
- Innovate Within Constraints

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# Thank you!